Combat Education opportunities are plentiful here at Lajes, including tuition assistance online. See page 2 for more details.



Vol. 10, No. 31 • August 5, 2005 | Lajes Field, Azores, Portugal | Ready to Fight and Win!



Safety Day

U.S. Forces in Europe has designated Monday as a halfday safety day stand-down. All USAFE units will refrain from flying and other activities. Topics will include motor vehicle saftey and recreation and water safety.

The wing commander will address all active-duty members at 7:30 a.m. Monday at the soccer field by the AEF ramp. Squadron activities will follow

VA visit cancelled

Due to a lack of Veterans Affairs funding the VA representative's visit scheduled for today has been postponed until further notice. The mass briefing and all individual appointments have been cancelled. More information regarding your VA benefits can be found at www.va.gov or by emailing your VA representative at pittster2@verizon.net. Call the family support center at 2-4138 for more information.

SNCO Induction

The Senior NCO Induction Ceremony will be held Aug. 19 at the Top of the Rock Club. Cocktails begin at 6 p.m. and dinner is at 7 p.m. The menu choices are beef tenderloin with peppers for \$18, chicken cordon bleu for \$15 and a vegetarian dish for \$13. Club members receive a \$2 discount. For tickets, contact your unit representative.

Preflight

- Days since last DUI.. 101
- DUIs since Jan. 1 2
- Current AEF 5 & 6
- Current FPCON Alpha
- Combat Nighthawk team: Capt. Lisa Tauai 65th Medical Operations Squadron; Master Sgt. Felicia Lewis, 65th Logistics Readiness Squadron



Josefa Liles, a Team Lajes member, shakes hands with Spanish King Juan Carlos, on the flightline July 29. The King, here as part of his visit to the Azores, was escorted by the President of Portugal. (Photo by Guido Melo)

Team Lajes member meets King of Spain

By Staff Sgt. Christin Michaud 65th ABW Public Affairs

One Team Lajes member had the opportunity of a lifetime last week when the king of Spain came to the flightline here.

Josefa (Pepi) Liles had the pleasure of meeting King Juan Carlos before he departed the island July 29.

'It was very special that people from his country were here to greet him," said Mrs. Liles, who is from Seville, Spain.

Mrs. Liles left Spain in 1985 after meeting her husband, Koy Liles, while he was active-duty Navy and stationed at Rota. He is now assigned to the 65th Civil Engineer Squadron as Chief of SABER flight.

The couple arrived at Lajes Field in March 2004. "This is the closest I've been back to my country," she said.

She didn't know they were going to be able to meet the king, but went to the flightline to inquire about his visit.

Meeting him was a great honor, Mrs. Liles explained. "I would have never dreamed of it," she said. She had never seen him personally when she

"I was very nervous," Mrs. Liles said. "It was wonderful." The king asked her how she was and what they were doing here.

The Azores is one of the regions of Portugal the king never had a chance to visit. The President of Portugal, Dr. Jorge Sampaio, took the opportunity to host the visit last week.



Combat Education Tuition assistance available online

By Staff Sgt. Marcus McDonald 65th ABW Public Affairs

Opportunities abound for people at Lajes wanting to pursue a college degree.

People can now receive financial help in getting their degree from the comforts of their home.

"Online tuition assistance enables students to obtain their tuition assistance funding from their home or office without having to visit the base education office," said Maria Tristao-Rocha, base education counselor.

People are encouraged to start using this service as soon as possible since there are bases where it's mandatory, Ms. Tristao-Rocha explained.

"Becoming familiar with online tuition assistance now will help make the transition to your next base, which may require online TA, that much easier," she said.

Students can receive online tuition assistance from their office or home computer by logging in to the Air Force Portal. Online TA is found in the "career" then "life" section.

"Once students reach the Online TA feature, all they have to do is choose the school they are attending, pick the class or classes they wish to enroll in, enter the start and end dates for the classes, enter the number of credits, and the tuition price," Ms. Tristao-Rocha said.

The application is then routed to the education office, where it is reviewed and approved.

"Once it's been approved, you'll receive an e-mail stating this and that it's available for printing," Ms. Tristao-Rocha said. "You then print out the forms, which contain electronic signature approvals, and fax them to the school(s) so they can bill the government for the amount of your tuition."

Officers must receive tuition assistance the old-fashioned way – by visiting the base edu-

cation office, located in second floor of Bldg. T-400.

"Officers using TA incur a two-year active-duty service commitment," Ms. Tristao-Rocha said. "Also, the Air Force Personnel Center requires us to have an actual signature on the forms we send them, notifying them that the officers took advantage of tuition assistance. Therefore, officers will still have to visit our office to receive TA funds."

Ms. Tristao-Rocha encouraged students to try out online TA when they enroll in upcoming classes. She also said updating student information is vital for the process to work.

"Ensure your virtual education Web site has current and complete information and that grades are promptly turned into the education office upon completing each class," she said.

Help is always available.

"If you ever need help in this new process, our staff stands ready to assist you," Ms. Tristao-Rocha said.

Online tuition assistance, one of several Combat Education initiatives at Lajes, is helping make advance education as userfriendly as possible. To find out other ways this is being done here, visit https://info.lajes.af.mil/CSIP/education.htm.

For more information, call 295-57-3546/2-3355 or visit the base education office on the second floor of Bldg. T-400.



Tech. Sgt. Michael Stansberry, 65th Mission Support Group, searches the virtual Education Center Web site. Students can visit the site – a link off of Air Force Portal – to update their profile and then click on "Tuition Assistance" to apply for tuition assistance online. (Photo by Staff Sgt. Marcus McDonald)

Combat Education Briefs

Central Texas College: Registration for Term 1 ends on Aug. 19. Central Texas College is offering Criminal Investigation, Child Abuse Prevention and Investigation, and Child Guidance on-site this term. Multiple Microsoft Certification classes are available for both MCSE and MCSA preparation. Call 2-6722 for more information or stop by CTC in Bldg. T-400.

OU classes: Enrollments for Independent Directed Reading and internships for fall term are still open. The last day to enroll is Sept. 1. The next course being offered for the Fall is HR 5072-220, "Creative Problem Solving," an elective course towards the Master of Human Relations degree. The course dates are Oct. 18-23. For details, call Jacyln Kemp at 2-3171.

Correction: In last week's issue, the Combat Wingman and Intro/Exit POCs were misidentified. The Combat Wingman POC is Lt. Col. Philip Rutledge at 2-3607 and the Combat Intro/exit POC is Maj. Craig Green at 2-5113. Patricia Arnold is the new POC for Project Wizard.



Lajes earns goal days through teamwork

By Staff Sgt. Christin Michaud 65th ABW Public Affiars

Team Lajes will celebrate a goal day today which coincides with the beginning of Praia

Goal days originated in the flying community where each wing had a monthly flying hour goal to meet in terms of sorties or flying hours. As far back as the early 1980s, flying wings would "earn" a down day if they met their flying goal by a certain time each month.

Over time, this concept spread from the fighter community to all types of aircraft and eventually to all types of wings including the 65th Air Base Wing,

"A goal day is earned by meeting the flying schedule each month," said Col. Danny Leonard, 65th ABW vice commander. "Since we don't have a flying mission here at Lajes, we determine what our goals are to earn a goal day."

A goal day is a reward for team accomplishment of meeting metrics linked to and in support of the U.S. Forces in Europe mission, vision and goals.

The program is one of the core competencies of the manpower career field to manage the program, said Senior Master Sgt. Mark Johnson, 65th Mission Support Squadron Manpower and Organization

flight chief.

The program developed as a means to provide a linkage of progress to the long term vision or plan, provide a basis for comparing actual program results with established performance targets, to gauge/assess whether objectives have been obtained and to provide leadership data to make informed decisions, he said.

Each unit determines which metrics will be measured. They also determine the criteria and goal, said Sergeant Johnson.

"These metrics cover the key functions of the 65th ABW to help us determine how well we are doing our jobs every day," said Colonel Leonard.

The manpower office is the "honest broker" when it comes to calculating the goal day metrics, according to Sergeant Johnson. The flight maintains a current list of squadron point of contacts. "Each month we compile the data from the units and present the results to the wing commander who in turn approves or denies the day off," said Sergeant Johnson.

"Each squadron plays a key role," said Sergeant Johnson. "We either earn the day off as a team, or nobody earns it."

According to Col. Leonard, "It is also wing policy to take away the next goal day from any unit with a DUI. This gives added peer pressure for everyone in a unit to take

care of one another, Airmen taking care of Airmen."

When added to USAFE family days, Lajes generally has one down day a month.

Unlike goal days, family days are not earned. They are usually associated with other holidays such as the day after Thanksgiving or Christmas to give our people a 4-day weekend a few times a year.

Each Fiscal Year, USAFE determines how many family days there will be and the number of goal days are established at that time as well.

"The wing then disseminates the information and we begin our task of earning the days off," said Sergeant Johnson.

Wing leadership determines what the best day is for a goal day based on events such as school holidays, local festivals, inspection schedules, etc.

The wing moved the February goal day to June to give Team Lajes two goal days in June scheduled during the San Joaninas festival in Angra, according to Colonel Leonard.

"This made more sense then having a goal day in February when the weather was not suitable for outdoor activities," he said.

Today's goal day will allow Team Lajes to get a jump start on Praia Fest, or spend extra time with their families this summer – they earned it by achieving the goal.

August Promotions

The following individuals will be promoted during August.

Team Lajes congratulates you on your promotion.

Airman 1st Class Eric Batts 65th Communications Squadron

Airman 1st Class Anthony Suk, 65th Civil Engineer Squadron

Staff Sgt. Henry Geigenmiller Jr. 65th Services Squadron

Staff Sgt. Mitchell Bemos 65th CES

Tech. Sgt. James Golia 65th CES

Master Sgt. James Heffley 65th CES

Senior Master Sgt. Henry Parker III 65th SVS



Poker Night

Staff Sgt. Chris Owens, Melinda Hauptmann, Tech. Sgt. Sandra Nunes and Staff Sgt. Shawna Barrett, take their hand at a poker game at the Top f the Rock Club on Poker Night. As a reminder, the TORC will be closed through Aug. 15.



Pharmacist encourages people to clean out medicine cabinets

By Staff Sgt. Christin Michaud 65th ABW Public Affairs

Each year, the Pharmacy here encourages Team Lajes members to clean out their medicine cabinets.

Old or expired medicines and leftover prescription medicines may no longer be safe or effective, according to the American Association of Poison Control Centers.

"Please take the time to go

through your medicine cabinet, drawer, box, or bag, and dispose of any medications that have passed their expiration date," encouraged Capt. Tracy Hampton, 65th Medical Support Squadron pharmacist.

Over time the chemical makeup and potency of medication changes.

People should also throw out medication that appears to have changed colors or shape, or have developed a different odor, she added.

Another sign to look for is when syrup-like items has separated into two different layers. "These are marked signs of decay or decomposition," said Captain Hampton.

Aside from the medication being less effective, it may have changed into a poisonous agent which is true of some classes of

antibiotics, she said.

O v e r - t h e counter items also
expire. These items
are marked with
expiration dates.
However, some
prescriptions from
the pharmacy don't
always have an expiration date
marked on the
bottle, but the rule
of thumb, said
Capt. Hampton, is

that medication is good up to

one year after the date the medication was received from the pharmacy.

Unlike some prescribed and over-the-counter medication, controlled medications should be disposed of immediately after use.

"Controlled medications like Percocet, Valium, Darvocet, T3 are not items you should keep in your cabinet for future use," said

Tech. Sgt. Sandra Nunes, Pharmacy Services NCOIC.

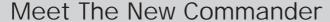
"After you no longer need it for that specific incident like a dental procedure or sprained ankle, then you have options," she said. Flush the prescription to ensure that it's completely disposed of or bring it to the pharmacy for them to dispose. "Please, never throw controlled prescriptions in the trash,"

R

stressed Sergeant Nunes.

"If someone does have small children and finds the items they have are nearing the expiration date, take this time to purchase staple agents you may need such as Tylenol® or Motrin® to have on hand if needed in the future," Captain Hampton said.

Large quantities of expired items may be disposed of at the clinic by calling 295-573-635.



Maj. John Griffiths III

65th Security Forces Squadron

Hometown: Middleburg, Fla. **Time in service:** 17 years, 3 months

Previous assignment and job: Volkel Air Base, The Netherlands, Chief, Security Forces

What do you look forward to the most during your time here? Improving our wing through active policing with our Security Forces Squadron

What's the most rewarding part of being a commander? Being part of the U.S. Air Force and leading troops by example.

Goal(s) for the unit:

Enhance relationship of our US and Portuguese Security Forces

Squadrons and build upon our foundations for mutual success.

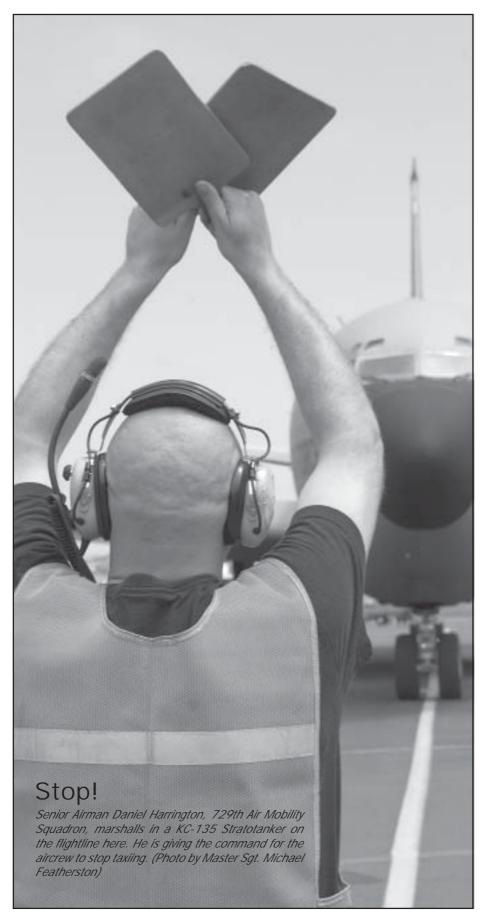
Hobbies: Digital Photography and active family involvement

Who's your role model? Why? Col. Silver for his can do attitude and positive leadership. He's involved in quite a bit with the Wing and still has time for his family, friends, co-workers and subordinates.

What else do you want our readers to know about you? We all can learn something from everyone and we should take time to do it — life is too short to keep your eyes closed.







U.S. Forces exempt from Portuguese tax

By Staff Sgt. Marcus McDonald 65th ABW Public Affairs

In accordance with the NATO Status of Forces Agreement, U.S. Forces serving at Lajes — U.S. military members, U.S. civilians and family members — not residents of Portugal may take steps to exclude them from paying the Portuguese Value-Added Tax, or IVA.

This tax is the similar to the American sales tax, according to Capt. Jacob Pugh, 65th Air Base Wing Legal office.

"Because the tax is figured in euros, U.S. personnel can benefit substantially from this exemption, especially at times when the dollar is weak against the euro," he said.

The captain explained that the exemption must be sought before a purchase is made and can't be obtained retroactively.

"This [tax exemption] process can only be used when making a pre-planned purchase of goods or services," he said. "There is no mechanism for filing for after-the-fact recovery of the tax paid for goods or services. The percentage/amount of the tax charged will vary with the category of goods or services purchased."

The captain also said local merchants can't be forced to participate.

"If they decide not to give you the tax exemption, the best and only thing to do is to take your business elsewhere," he said.

Steps to take

To receive the tax exemption, follow the steps below:

- Obtain an invoice without IVA (factura sem IVA) from the merchant or business. If the merchant or business cannot produce an invoice without IVA, the IVA must be erased or otherwise deleted prior to presentation for validation at the Air Base Number 4 Squadron.
- Take this invoice without IVA (factura sem IVA) to the Air Base 4 Administration Squadron on the third floor of Portuguese Terminal building, across from the AMS PAX Terminal, for certification. Air Base Number 4 administration personnel will validate the invoice by stamping, dating and signing it to confirm the person requesting the goods or services qualifies for the tax exemption.
- Take the validated invoice back to the merchant or business to complete the transaction. Make payment only at this time. The merchant or business will retain the certified invoice for their record and give you a receipt.

For details, visit the 65th ABW Legal Office on the first floor of Bldg. T-100 or call them at 2-3546/295-57-3546.



Operation AF brings cadets to Lajes

By Staff Sgt. Christin Michaud 65th ABW Public Affairs

As part of Operation Air Force, cadets from the Air Force Academy came to Lajes Field. Cadet Ranes, a senior at the AFA arrived at Lajes Field as part of a three-week program to help gain insight into Air Force operations and his career field.

Operation AF is a program where cadets go to bases around the Air Force to shadow active-duty personnel and learn about different aspects of base operations.

Cadet Ranes plans to be a pilot. Although Lajes Field doesn't own its own airplanes, he was able to see some of the behind-thescenes facilities that sustain the flying mission.

One of those units was the 65^{th} Operations Support Squadron.

"It was a great opportunity to see what

everyone else does," said Cadet Ranes after shadowing people in OSS. His time here included an overview of the air traffic control tower as well as the radar approach control.

"They went behind the scenes to see the career fields they don't normally get to see, or experience, and it leaves them a sense of gratitude to those Airmen that ensure the mission is completed," said Capt. Scott Denny, 65th OSS Airfield Operations flight operations officer.

In addition to seeing what various support units do, cadets were given the opportunity to perform some day-to-day duties during their visit here.

"Operation Air Force is definitely a great tool for the cadets to gain experience by accomplishing tasks that would be normally completed or accomplished by a commissioned officer," said Captain Denny.

In addition to the OSS, Cadet Ranes ob-

served officers at the 65th Communications Squadron, he also shadowed Col. Danny Leonard, 65th Air Base Wing vice commander.

During his time here the cadet was able to see a unique part of the Air Force with how the Portuguese and Americans work together on Air Base No. 4. It was his first time overseas and a new experience for him as a cadet.

One of the highlights of his trip, said Cadet Ranes, was meeting F-18 pilots from Nova Scotia who he had a chance to talk with at a burger burn. "They were going to the desert — it wasn't just something I see on the news all the time."

Operation Air Force brings a new perspective to cadets at the Academy.

"I hope they take this mentorship and experience back with them to the Air Force Academy as well as use them in their everyday lives," Captain Denny said.

Lajes Leads Fitness: A Cadet's Perspective

James Schannep USAF Academy Class of 2006

When I was asked to write an editorial story for the base newspaper, I thought, "What can an officer candidate with little to no active duty experience-and a grand total of two weeks at this base-have to say that these people have not already heard?" You may be reading this wondering that very same thing. While I cannot tell you anything new per se, perhaps I can give a fresh and new perspective on an old issue.

Fitness. Let

us set a basis for the rest of my comments—a groundwork so that we may achieve a mutual understanding of where I am coming from. Our United States Air Force Academy (USAFA) is a very different Academy than it was in years past. There is a lot less of the 'dropping for pushups' going on, but fitness is still looked at as if it were a haze.

Don't get the wrong

impression — physical fitness is very important to cadets, and you will find several groups ranging from one to four working out in the gym or running at any given time. When I say "fitness is still looked at as if it were a haze" I am referring to the mandatory workouts for those who do

not meet the fitness
standard at USAFA

From what I am told, unit PT at Lajes is mandatory three times a week for those who do not score above a ninety percent on the Air Force fitness test. Likewise, USAFA has a mandatory reconditioning program for cadets who do not meet our standards

But the difference lies within the attitude of those participating.

I have participated in PT sessions with both Services and Logistics Readiness Squadron during my time here, and I have witnessed the activities of others as they move about the base. I must say that upon first impression I thought it looked like a group of people who just got

together to get fit and help one another stay that way. And that is exactly what it is. At the Academy, others are welcome to attend rehabilitative programs, but due to the negative connotations and preconcep-

tions—the only participants are those required to attend.

fitness marvel that quite the impression programs w is not met, l

Another fitness marvel that has laid quite the impression on me is the FitLinxx program. I understand this is a fairly new program, but it has a great deal of potential. This program is all about the incentives of working outaside from the naturally rewarding improved fitness levels, that is. By simply tracking your workouts you receive rewards for your efforts in the form of socks, shirts and even a sweatshirt (for a complete listing of the prizes, see the gym or call the Health and Wellness Center, or HAWC, for more

In addition to the squadron PT sessions and the FitLinxx program, Lajes has special events like fun runs, sports tournaments and even triathlons for not only active duty members to participate in, but for civilians and dependants as well. And with the gym renova-

tion, the fitness world can only get better.

This is in no way a plea to erase all punitive

programs when the standard is not met, but it is not saying all work and no play is the way to go either. I suppose what I am trying to say is: if you are one of the people who know and appreciate the systems already in place here-good on you. However, if you feel that fitness is just another hurdle to delay your promotion or an extra duty to add to your busy day-then perhaps you should take a look around you at all the opportunities in your community, and run with them.



details)



Liberty and justice for all — in due time

By Capt.
Tracey Howell-LaPalme
407th Expeditionary
Contracting Squadron
commander

ALI BASE, Iraq — "I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with ..."

On Sept. 16, 1996, I spoke those words along with 3,000 other immigrants. As I cradled my 6-week-old daughter in my left arm, I held up my right hand to be sworn in as one of America's newest citizens.

That day was a defining moment in my life.

I had left England six years before to come to the United States, like millions of immigrants before me, in the hope of seeking independence and opportunities that, because of my "class," I could scarcely hope for in my native country.

I had always felt the pull of military service calling to me.

But it wasn't until I came to America that I knew this was where I belonged. I was finally home.

The United States was a country born out of repression that took patriots from our nation — ordinary men and women — and asked them to give of themselves completely and unselfishly to gain our country's liberty.

Now, nine years later, I find myself serving beside the men and women of Ali Base, in a country that has suffered for many years and is at the beginning an unfamiliar journey, a journey toward a new and free Iraq.

Like our nation's forefathers, the men and women of Iraq struggle bravely for democracy.

And just as America needed help during its Revolutionary War from its "coalition partners," so, too, does Iraq. Iraqis need our help to bring stability to their country while they draft a constitution and rebuild their economy.

The leaders of their fledgling

government, under a daily threat of death, fight to achieve a unified Iraq that reflects the will of the Iraqi people.

A country where human rights are valued and political differences are respected.

So let us not forget that the freedoms that we enjoy today were not gained in one day — just as the freedoms of the Iraqi people will take many years to achieve.

As Prime Minister Ibrahim al-Jaafar told the United Nations, "The children of Iraq are just like yours — they don't want to lose their fathers and turn to orphans. The women of Iraq are just like yours — they don't want to lose their husbands and turn to widows."

No one said this struggle was going to be easy. We know from experience that it's not.

But one thing's for sure, every single one of us here today, through our love and devotion for our great nation, is willing to sacrifice so that one day Iraq, like us, will be free to enjoy ..."... liberty and justice for all."

Commander's Line

Call 2-4240 or e-mail actionline@lajes.af.mil.

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option for praise or problems - but when that's not the answer, call or e-mail the CC Line.

Thank you!

Col. Robert Winston 65th Air Base Wing commander





This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

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The Crossroads staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a Crossroads staff member or e-mail news@lajes.af.mil.

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Staff Sgt. Christin Michaud	Crossroads Editor
Eduardo Lima	Community Relations Adviser



Street bull fights will be one of the many festivities that occur during Praia Fest. Military members and their families are reminded that participation in street bull fights is prohibited. (Photo by Senior Airman Jacob McCarthy)



Clip and Carry Praia Fest Schedule



Parking Note:

Any ID card holder from Lajes Field may park at the port for free during Praia Fest. The gates will be open from 7 a.m. to midnight and open every hour on the hour after midnight for approximately 10 minutes, until the gates reopen in the morning. People may leave their cars there overnight if the choose. For more information, call 2-3691.

Aug. 5 Noon- Opening of 6th Food Fair of the Atlantic

9:50 p.m. -

Parade of Praia's marching band

10 p.m. – Opening parade featuring the theme "From Myth to Creation"

11:30 p.m. – Concert by concert band from Gançaria, mainland Portugal (main square)

Midnight – 1st Praia Blues Festival featuring "New Orleans All Stars" (soccer field); concert by Fado singer Patricia Rodrigues (waterfront); concert by Dixie Gringos Jazz Band (marina); DJ music in Dream Zone tent (soccer field).

Aug. 6

4 p.m. – Paintball-Speedball Challenge (wetland area behind soccer field)

9:30 p.m. - Parade of folklore dancers

10 p.m. – 1st Praia Blues Festival featuring "Johnny Blues Band" (soccer field)

10:30 p.m. - Performance of folklore dancers (main square)

11 p.m. – Concert by genuine African music band "Terrakota" (waterfront)

11:30 p.m. – Concert by "Starr Faithfull" band (Dream Zone tent)

Midnight - Concert by Angra Jazz Band (marina) 1 a.m. - DJ music in Dream Zone tent

Aug. 7

9:30 p.m. – Parade of local marching bands
10 p.m. – 1st Praia Blues Festival featuring "Magic Slim & the Teardrops" (soccer field); concert by concert bands from Praia and Vale da Pinta (main square); concert by

Terceira Island's traditional guitar group (waterfront)

12:30 a.m. - DJ music in Dream Zone tent (soccer field)

Aug. 8

10 p.m. - Parade of local marching groups

11 p.m. – Portuguese pop band "Polo Norte" (soccer field)
11:30 p.m. – Concert by Portuguese traditional music band "Canto da Terra" (waterfront)

Midnight - Concert by jazz band "Nana Septeto" (marina); concert by local rock band "Stream" (Dream Zone tent)

1:30 a.m. - DJ music in Dream Zone tent (soccer field)

Aug. 9

6 p.m. - Street bullfight in Juncal

9:30 p.m. - Parade of Mardi Gras groups

10 p.m. – Performance by Mardi Gras groups (main square); concert by band "Pop Del Bar" (Dream Zone tent)

11 p.m. - Concert by the "Light Orchestra of Biscoitos" (waterfront); concert by jazz band "Nana Septeto" (marina);

2 p.m. – "Lisbon by Night" featuring DJ Lucio (Dream Zone)

Aug. 10

6 p.m. - Street bullfight in Juncal

9:30 p.m. - Children's parade

11 p.m. - Portuguese rock band "The Gift" (soccer field)

Midnight - Classic guitar player Vitor Castro (marina)

12:30 p.m. – "Umple True" rock band (Dream Zone tent) **1:30 a.m.** – DJ music in Dream Zone tent (soccer field)

Aug. 11 (Municipal Holiday)

10 a.m. – Reception to Portuguese Navy tall ship "Creoula" (praia port); commemoration of the "11 Aug. 1829" battle in Praia bay and homage to former combatants.

2 p.m. – Running of the bulls for children (cemetery road next

6 p.m. - Street bullfight in Quatro Ribeiras

8 p.m. – Simulation of accident rescue by Praia Firefighters' Association.

8:30 p.m. - Parade of national and foreign folklore dancers

9:30 p.m. - Performance of folklore dancers (marina and main square); concert by flute and piano featuring Nuno Inacio and Paulo Pacheco (main church)

11 p.m. - Concert by Portuguese pop music band "Da Weasel" (soccer field)

Midnight – Concert by African music singer Danny Silva (marina)

12:30 a.m. - DJ music in Dream Zone tent

Aug. 12

5:45 p.m. – Search and rescue demo by Portuguese Air Force's Puma helicopter in Praia bay

6 p.m. - Bullfight at Praia beach

10 p.m. – Concert by Latin music band "Cuba Libre" (waterfront); concert by Portuguese rock band "EZ Special" (soccer field)

11 p.m. – Concert by British rock band "Fish-Marillion" (soccer field)

Midnight - Concert by jazz band "Elsie's Quintet" (marina); DJ music in Dream Zone tent.

Aug. 13

4 p.m. – SAR demo by Portuguese Air Force's Puma helicopter in Praia bay followed by air show with PoAF demonstration team, "Wings of Portugal"

6 p.m. – Street bullfight (cemetery road next to Modelo)

9:30 p.m. – Parade of Praia Firefighters' Fanfare and Praia Fest marching group

10 p.m. - Concert: ``Idols'' (finalists) (location TBA)

Midnight – Fireworks show with music featuring the theme "Voyage to the Future" (Praia bay)

12:20 a.m. - Jazz band "Elsie's Quintet" (marina)

12:30 a.m. – Concert by rock band "Spacebys" (Dream Zone tent)

Ladies win, men place 4th in relay

Eight Team Lajes runners participated in a relay in Angra July 26.

The Salga Bay Relay is a 14K relay race from Port Judeo to Monte Brasil, Angra.

There were 11-four person teams. The Lajes ladies team, Karin Tjelmeland, Robin McMullen, Karen Thomas and Iliana Hernandez, captured first place in the relay.

The men's team from Lajes Field, Eric Rollman, Brad Stebbins, Cliff Scruggs and Les Neipert, took 4th place.

The race was held in honor of the Army Garrison's Unit Day.

"It was a great experience to share with our Portuguese amigos," said Brad Stebbins. The legs of the race were:

Run 1 -- 4.1K from Baia da Salga to a small church (Esperanca) just inside the border of Porto Judeo, there is a slight uphill grade the whole way

Run 2 -- 2.2K from the Igreja up to the main littoral road that runs to Angra from Cabo da Praia- it is a steep uphill almost the whole way. There is a pause about halfway through that has only a slight grade.

Run 3 -- 4.1K from the intersection (there is a sign that points down to Porto Judeo) to the Arena-- downhill until the very end where there is a somewhat steep climb to the arena

Run 4 -- 3.6 K slight up and down with one final push uphill to the castle on Monte Brasil

Right: Karin Tjelmeland starts off the relay in Angra.

Far Right: Cliff Scruggs runs his leg of the relay for the men's team at the Angra Relay July 26. Below: Karen Thomas crosses the finish line first during the Salga Bay Relay. (Courtesy photos)









Timeout

3-on-3 Basketball Tournament

A basketball tournament will be held 10 a.m. Aug. 20 in the Portuguese gymnasium. Age participation is 16 years and up. Deadline to sign-up is Aug. 19. It is a double elimination tournament with a maximum of a 4-person per team. First place trophies will be awarded. For details, call Staff Sgt. Eric Ross at 2-2226.

Game coverage

Unit sports representatives interested in coverage of games for future issues of the *Crossroads* can e-mail *news@lajes.af.mil* to receive a SportsForm.

Intramural flag football

Units planning to participate in the 2006 flag football season must turn in their entry letter to the 65th Services Squadron's athletic department by Aug. 31. No entries will be accepted after this date. Leagues begin Sept. 7. A team meeting of all coaches and team captains takes place at 10 a.m. Aug. 31 in the community center. For more information, call 2-1290/295-549-1290.

Intramural bowling

Units planning to participate in the 2006 bowling season must turn in their entry letter to the 65th Services Squadron's athletic department by Aug. 30. No entries will be accepted after this date. Leagues begin Sept. 6. A team meeting of all coaches and team captains takes place at 10 a.m. Aug. 30 in the community center. For details, call 2-1290/295-549-1290.



Ridge Runners

Lajes Ridge Runners run the back hills of Agualva during one of their weekly runs.

Game Schedules

Intramural Softball Monday 6 p.m. - LRS vs. OSS

6 p.m. - LRS vs. OSS 6 p.m. - Med Gp vs. AMS 7:10 p.m. - SMAC vs. CES #1 7:10 p.m. - COMM. vs. CES #2 8:20 p.m. - SFS vs. SMAC

Summer Basketball League Monday

6 p.m. - SMAC vs. AMS 7 p.m. - COMM vs. CES **Aug. 15** 6 p.m. - CES vs. SMAC

Intramural Horseshoes

Monday

11 a.m. COMM #2 vs.
SMAC
noon - CES vs.
COMM #1
Aug. 15
11 a.m. - SMAC
vs. COMM #1
noon - COMM
#2 vs. CES



Note: Schedules subject to change. To see the latest updates, visit http://eteamz.com/bomdia.

Lajes Sports Standings

Dummor Du		~	
Team	1	N	L 7
CES		2	1
SMAC			1
AMS			2
COMM			3
00141141	•••••	1	0
Intramural	Softl	ball	
Team	W	I.	7
CES #1	18	2	0
LRS	17	4	0
		•	_
	16	_	0
AMS	13	8	0
SFS	10	10	0
SMAC	. 7	12	0
OSS	7	13	0
CES #2	3	18	0
Med Gp	. 0	20	0
Co-ed So	ftbal	1	
Team	W	L	•
CES	5	1	1
LRS		3	0
		5	1
Med Gp	1	3	1

Summer Basketball

Intramural Golf				
Team	W	L	T	
COMM #1	7	0	0	
OSS	5	1	1	
CES	5	2	0	
LRS	4	3	0	
SMAC	2	3	2	
AMS	2	5	0	
COMM #2	1	5	1	
Med Gp	0	7	0	
Intramural Soccer				
Team	W	L	T	
LRS	3	2	1	
OSS/SMAC	3	2	1	
CES	2	3	0	
Total and 11		- 1-		

Intramural Hor	Horseshoes		
Team	W	L	T
COMM #1	. 4	2	0
CES	4	2	0
SMAC	4	2	0
COMM #2	0	6	0

Note: For further updates, visit http://eteamz.com/bomdia.

Summer Swimming Hours

The base swimming pool is available for open and lap swimming on the following times and days during the summer months:

Lap swimming - 11 a.m. to 1 p.m. Mondays, Wednesdays, Thursdays and Fridays; noon to 7 p.m. Saturdays; and noon to 6 p.m. Sundays.

 $\mbox{\bf Open swimming}$ - 3:30 to 7 p.m. Mondays, Wednesdays, Thursdays and Fridays.

Hours are subject to change due to the availability of lifeguards.





Meal time

Burger King: 7 a.m.-9 p.m. Sun.-Thu.; 8 a.m.-10 p.m. Fri., Sat. Frank's Franks: 11 a.m.-6

p.m., Tues.-Sat.

Oceanview Island Grill: Lunch 11 a.m.-11 p.m. Mon.-Sun. Specials, with fries or salad & drink: Mon., roasted chicken or meatball sandwich; Tue., 16" 2-topping pizza; Wed., fried shrimp; Thu., 16" 1-topping pizza or taco salad; Fri., lasagna. Pizza specials only come with

Subway: 10 a.m.-9 p.m. Mon.-Fri.; 10 a.m.-8 p.m. Sat.; noon-6 p.m. Sun.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m. Mon.-Fri.; brunch 8:30 a.m.-noon Sat.; dinner 5-9 p.m. Tue.-Sat. Lunch buffets & specials: Mon., Southern buffet, traditional club sandwich, chef salad; Tue., Mexican buffet, rancho burger, chicken fajita salad; Wed., Italian buffet, meatball sub, chicken Caesar salad; family dinner buffet; Thu.,

Oriental buffet, beef stir-fry sandwich, mandarin chicken salad; 2-4-1 steak night; Fri., seafood buffet, fish sandwich, tuna salad; Prime & Wine dinner; Hoof & Fin dinner special.

Chapel

Daily Mass: 11:30 a.m. Tue., Thu., Fri., 1st & 4th Wed.; 6 p.m. 2nd & 3rd Wed.

Tuesday

Charismatic prayer 5 p.m.

Wednesday

Protestant men's/women's lunch/study noon; Catholic choir practice 5 p.m.; Protestant youth bible study 5:30 p.m. T-1412A; traditional choir practice 6 p.m.; hand bell choir practice 7 p.m.

Thursday

Gospel choir practice 7 p.m. Sunday

Protestant Celebration of Holy Communion 8:30 a.m.; Protestant traditional service 9 a.m.; Protestant Sunday school 10:30 a.m.; Catholic Mass 10:30 a.m.;

Protestant Gospel service & fellowship noon; Protestant teens/ youth 6 p.m.

Base services

Barber shop: 8:30 a.m.-6 p.m. Mon.-Fri.; 8 a.m.-4:30 p.m.

Beauty shop: 10 a.m.-6 p.m. Tue.-Sat.

Child development center: 7 a.m.-5:30 p.m. Mon.-Fri.

Community activities center: 10 a.m.-8 p.m. Tue.-Sat.; noon-5 p.m. Sun.

Commissary: 10 a.m.-6 p.m. Mon.-Wed., Fri., Sat.; 10 a.m.-7 p.m. Thu.

Chace Fitness Center: 5 a.m.-midnight Mon.-Fri.; 8 a.m.-7 p.m. Sat., Sun.

Dry cleaners: 9 a.m.-1 p.m. Mon.; 10 a.m.-6 p.m. Tue.-Fri.; 10 a.m.-4 p.m. Sat.

Flight View BX: 10 a.m.-6 p.m. Mon.-Wed.; 10 a.m.-8 p.m. Thu.-Sat.; 10 a.m.-5 p.m. Sun. & Portuguese holidays

Gas station: 10 a.m.-5 p.m.

Sun., Mon. (gas only); 10 a.m.-6 p.m. Tue.-Sat.

Library: 4-9 p.m. Mon.; 10 a.m.-9 p.m. Tue.-Thu.; 10 a.m.-6 p.m. Fri.; 10 a.m.-5 p.m. Sat., Sun.

Manicure shop: 10 a.m.-6 p.m. Tue.-Sat.

New Car Sales: 10 a.m.-6 p.m. Tue.-Wed.; noon-8 p.m. Thu.-Sat.

Ocean Front BX: 10 a.m.-6 p.m. Mon.-Wed.; 10 a.m.-8 p.m. Thu.-Sat.; 10 a.m.-5 p.m. Sun.

Outdoor recreation: 10 a.m.-7 p.m. Tue.-Sat.; 11 a.m.-7 p.m. Sun.

PFCU: 11 a.m.-4 p.m. Mon.-Thu.; 11 a.m.-5 p.m. Fri.

Shoppette: 9 a.m.-11 p.m. Mon.-Sat.; 10 a.m.-8 p.m. Sun.

Skills development center: noon-8 p.m. Tue.-Thu.; 10 a.m.-6 p.m. Fri., Sat.

Thrift shop: 12:30-4:30 p.m. Mon. & Wed.; 10 a.m.-2 p.m. Fri & 3rd Sat. of the month.

Vet clinic: 9 a.m.-3 p.m. Mon.-Fri.; 1-7 p.m. 1st, 3rd Wed.

Youth & teen center: 3-6 p.m. Mon.-Sat.; 8 p.m.-midnight Fri., Sat.



Today: 7 p.m. "Mr.& Mrs. Smith" rated PG-13 for sequences of violence, intense action, sexual content and brief strong language.

A married couple (Brad Pitt and Angelina Jolie) are getting bored with their quiet domestic life. What they don't know, however, is that they're both assassins, secretly hopping the world and killing for hire. But their separate lives are about to collide when each finds out their next target is their own spouse.

10 p.m. "The Honeymooners," rated PG-13 for some innuendo and rude humor.

New York City bus driver Ralph and his feisty wife, Alice, struggle to make ends meet. Despite Ralph's many get-rich-quick schemes/motivational speaker tape series, they've managed to save some money and, along with their best friends Ed and Trixie, they seem to have almost enough money for a down payment on a Brooklyn duplex. However, when Ralph decides to try to impress Alice by making up what he's lost and augmenting

their savings with another of his crazy schemes, he winds up losing all their money and his marriage to boot - and it takes all his determination and love for Alice to get things on track again.

Saturday: 7 p.m., "Batman Begins" rated PG-13 for intense action violence, disturbing images and some thematic elements.

In the wake of his parents' murder, disillusioned industrial heir Bruce travels the world seeking the means to fight injustice and turn fear against those who prey on the fearful. He returns to Gotham and unveils his alter-ego: Batman, a masked crusader who uses his strength, intellect and an array of high tech deceptions to fight the sinister forces that threaten the city.

Sunday: 2 p.m, "The Hon-mooners" 7 p.m., "Mr.& eymooners" Mrs. Smith"

Wednesday: p.m., "Batman Begins" Thursday: 7 p.m., "Mr.& Mrs. Smith'

Note: Movies and times shown are subject to change with little or no notice. For more information, call the base theater at 2-4100/295-57-4100.

AFN Sports

myafn.net

Friday

AFN-Atlantic

NASCAR Craftsman Truck Series: Power Stroke Diesel 200 (Indianapolis Raceway Park, Indianapolis, Ind.), 5:30 p.m.

AFN-Pacific

MLB: Milwaukee Brewers @ Philadelphia Phillies, 4 p.m.

AFN-Sports

MLB: Red Sox @ Minnesota Twins, 5 p.m. SportsCenter @ X Games 11, 8 p.m.

Saturday

AFN-Atlantic

MLB: Chicago Cubs @ NY Mets, 10 a.m. MLB: Houston Astros @ San Francisco Giants, 1

AFN-Pacific

NASCAR Busch Series: Kroger 200 (Indianapolis Raceway Park, Indianapolis, Ind.), 5:30 p.m.

AFN-Sports

MLB: Atlanta Braves @ St. Louis Cardinals, 10 a.m. MLB: Baltimore Orioles @ Texas Rangers, 1 p.m.

Sunday AFN-Pacific

NASCAR Nextel Cup Series: Allstate 400 @ The Brickyard (Indianapolis Motor Speedway, Indianapolis, Ind.), noon

AFN-Sports

The International: Final Round (Castle Pines Golf Course, Castle Rock, Colo.), 1 p.m. MLB: Chicago Cubs @ NY Mets, 5 p.m.

Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to news@lajes.af.mil. For on-base numbers, dial 295-57 and the last four digits.

Street bullfights

Saturday: 6:30 p.m., Rua da Guarita, Angra and Areeiro, **Fontinhas**

Monday: 6 p.m., Juncal Tuesday: 6 p.m., Juncal; 6:30 p.m. São Bento, Angra

Wednesday: 6 p.m., Juncal and Quatro Ribeiras; 6:30 p.m., Doze Ribeiras

Thursday: 6 p.m., Quatro Ribeiras

Other local events

Photo exhibit: A World Press Photo Exhibit can be seen daily from 7 to 10 p.m. through Thursday at the cultural center in Angra. Admission is free.

Arts and crafts fair: An arts and crafts fair takes place at the marina in Praia from 6:30 to 10:30 p.m. every Sunday through Aug. 28.

Praia Fest: The annual fest will be held today through Aug. 13 in Praia da Vitoria. It will include an international food fair as well as several bullfights, parades and concerts. For more information, see page 8.

Base events

Couple's communication: "Best Friends Forever" a PREP program for couples is 8:30 a.m. to 12:30 p.m. Aug. 13 and 20 at the family support center. This is a two-part series based on more than 20 years of research. The goal of the program is to enhance communication, constructively handle conflicts, promote intimacy, and keep fun and friendship alive in your relationship whether you are a newlywed or have been married for 20 years. Child care is available. To register, call 2-4138.

Intermediate Investing: An open discussion format investing class is scheduled for 1 p.m. Wednesday at the FSC. The class will be tailored to the audience's needs. Attendees may bring portfolios to review.

Bundles for Babies: This quarterly Air Force Aid Societysponsored class is 1 to 5 p.m. Aug. 18 at the FSC. Attendees will receive a "bundle of goodies" worth \$75 and information on passports, breastfeeding, financially planning for baby and beyond, car seat safety, nutrition for baby and mom, stress and adapting to family changes, taking care of babies' teeth and more.

Photo Club meeting: The Lajes Field Photo Club will hold their monthly meeting on 6:30 p.m. Tuesday at the FSC. Meetings are open to all who enjoy photography. This month's main topics are camera bags and the club's effort to replace the faded prints in the FSC with new prints taken and donated by club members. For details, call James O'Rear at 295-549-262.

Program: Lajes Youth Cheerleading camp is Aug. 15-19 for ages 5-18. Sign up is available at the youth center. There will be a Missoula Children's Theater Monday through Aug. 13. It is limited to 60 performers ages 6 (and have finished kindergarten) through 18. The LYP soccer season sign ups are Monday through Aug. 19. Volunteer coaches are needed. For more information on the above programs, call the youth center at 2-1197.

Education center

OU classes: Enrollments for Independent Directed Reading and internships for fall term are still open. The last day to enroll is Sept. 1. The next course being offered for the Fall is HR 5072-220, "Creative Problem Solving," an elective course towards the Master of Human Relations degree. The course dates are Oct. 18-23. For details, call Jacyln Kemp at 2-3171.

Volunteer/jobs

LYP instructors needed: The Lajes Youth Program is looking for qualified instructors for karate, dance, tumbling and cheerleading to teach classes for the LYP. For details, call Laura Niswonger at 2-1197.

Bookkeeper: The thrift shop has a part-time bookkeeper position open. If interested, call 2-

Services vacancies: The following positions are vacancies or anticipated vacancies within the 65th Services Squadron: lifeguard, recreation aids for the pool and the community activity center and a child development program assistant. To apply for any of these positions, visit the 65th SVS Human Resources Office in Bldg. T-112. For more information, call the HRO staff at 2-5200.

Administrative volunteers: Lajes Elementary School is in need of administrative volunteers. If interested, call 2-3491. Volunteer opportunities are available during the summer and the upcoming school year.

Lunch monitors: Lajes schools have paid lunch monitor positions open. To apply, visit the elementary school office and pick up an application from 8 a.m. to 3 p.m. weekdays. For more information, call 2-3491.

Crossing guards: The elementary school needs adult volunteer crossing guards. Help is needed in the morning and afternoon during the times children are arriving and departing each school day. For more information, call the school at 2-6216.

Bus monitors: Lajes is looking for volunteer bus monitors for the upcoming school year. If interested, contact Janet Ross at janet.ross@lajes.af.mil or 2-1314.

Adults needed: The Lajes Girl Scouts are looking for adult volunteers. Troop meetings begin in September and all team members must be in place and trained. For details, contact Toni Leonard at 295-549-514 or Box 1050

Subs needed: Lajes high and elementary schools need substitute teachers for the upcoming school year. Pick up applications at either school between 8 a.m. and 3 p.m. weekdays. For more information, call Paula Carnley at 2-3491 or Lori McCoy at 2-4151.

Bank job: Pentagon Federal Credit Union has a job opening for a branch service representative. Previous banking experience preferred. DEROS must be after December 2006. Apply at Bldg. T-202 or call 295-513-221 for more information.

Miscellaneous

School registration: Parents who haven't registered their children for the upcoming school year can do so now. For elementary school registration, call Cidalia Dias at 2-6216 and for middle/high school registration, call Stephen Kless at 2-4151.

First day of school: Elementary and middle/high school students begin Aug. 29; kindergartners begin Sept. 6; Sure Start begins Sept. 19.

Drop boxes: Box top and food labels, which allow the elementary school to get free items, can now be dropped off at either the post office or the elementary school.

Extra parking: school parking is available beside the school by the playing field near the youth center. Parents should park at this location and walk to pick up their children to prevent a traffic jam.

Meal program: Parents interested in the free/reduced price meal program for upcoming school year should e-mail Janet Ross at janet.ross@lajes.af.milfor an application.

Bus application: Parents who live off base should e-mail janet.ross@lajes.af.mil for a bus application. This will allow the school to map out bus routes.

OSC Membership Drive:

There will be a pizza/ice cream membership drive for all Lajes officers' spouses, civilian employees and civilian spouses 6:30 p.m. Aug. 18 at Eddie's Place. For directions or officers' spouses club information, call Melissa Seedall at 295-549-212

Furniture at AAFES: The Army and Air Force Exchange Service sells furniture from 10 a.m. to 5 p.m. Saturdays in the warehouse in Bldg. T-800 (near the 65th Security Forces Squadron and OSI). For more information, call Laura Meyer at 2-3209.

Classifieds

Submit ads via e-mail to news@lajes.af.mil. Ads are due by 5 p.m. Friday.

For sale: Play train table with six plastic storage drawers underneath. Sells for \$150 but only asking \$100. Call Michelle at 295-549-771.

Large calico cat free to a good home. Very friendly, fixed, shots up to date and comes with litter box and food bowl. Call Michelle at 295-549-771

For sale: 2000 Chevy Malibu, silver. PCSing, Must sell. Will Negotiate. \$7,000 O.B.O. Call Monique 295-515-667or 969-592-189.

For sale: 20" stereo Dual Volage/Multi Sanyo TV \$100 Firm, a year old, cost \$289 at BX. 36"X42"X15 round pool, used one summer \$75 includes pump, hose, ladder & extras. Boys 3/2 Medium short wetsuit, like new \$15. Progressive scan DVD MDV456, like new \$30. Call 295-549-775.

Free packing peanuts. For more information contact Andy or Kimberly at 295-549-741